



1530 Lincoln Avenue  
 Charleston, IL 61920  
 Phone: 217-348-0127

## Residential Services

The **Community Integrated Living Arrangement (CILA)** is a residential program for adults with developmental disabilities. Groups of four to six individuals live in structured environments that are supervised 24 hours per day. With the help of well-trained staff, residents work on personal goals for independent living and community integration.

The **Children's Group Home** provides 24-hour residential services to youth from age 10 until their 22nd birthday. CCAR staff members work closely with local public school programs to provide continuity between residential and educational services.

All group homes are in neighborhood settings and are designed to be homey, not institutional. Residents move toward independence by completing personal goals such as learning to shop, prepare meals, budget money, and develop hobbies.

Strong family relationships are encouraged. Family members are welcomed into the home and at activities such as birthday parties and cookouts. Residents become more integrated into the community through shopping, trips to surrounding communities and state parks, church activities, and other community activities.

*"I am very pleased with the CCAR group home. It was a rough decision, but it has worked very well."*

## How to Obtain Services

Information regarding admission and a complete description of services may be obtained by contacting the Referral/Intake Coordinator at (217) 348-0127.

Not sure what program is right for you and your family? The Referral/Intake Coordinator will help you determine which programs you qualify for and which programs best meet your needs. You can also find more information at our website: [www.ccarindustries.org](http://www.ccarindustries.org)

## CCAR Mission

Our mission is to provide community-based services and supports that enhance the quality of life of East Central Illinois citizens with developmental disabilities and/or other functional limitations throughout their lifespan.





## Client and Family Support

**Intermittent CILA and Family CILA** residential supports are provided on a less than 24 hour basis. The program offers a wide range of options to help individuals live as independently as possible in the community. Supports can include case management, money management, hygiene training, advocacy, problem solving, and assistance with the development of leisure skills. Services are provided at times and in environments that are most convenient for consumers and their families.

**Home Based Support Program** provides service facilitation services to adults and children enrolled in the program. We also offer families the options of choosing to hire their own personal support workers with assistance of their service facilitator and chosen fiscal agent, using personal support workers employed by CCAR Industries, or any combination thereof. The type and frequency of services delivered are determined by the individual and family and written into the individualized service plan.

## Birth-Through-Two Program

This program provides comprehensive child development services to eligible infants and toddlers up to their third birthday. Our family-friendly program helps children with special needs learn basic skills that will help prepare them for entering other educational environments. We work with parents and other caregivers to create a positive learning environment through play to enhance development and promote the family's understanding of their child's development.

## Developmental Training

This program provides services to adults with developmental disabilities who need training in self-help, community living skills, social and leisure skills, communication or productive work. CCAR Industries offers four developmental training options and the consumer may choose to participate in more than one program at the same time. Persons receiving DT services must qualify for the Illinois Home and Community-based Waiver program or have another funding source.

**Senior Program and Adult Day Service** (ages 55 and up) provides leisure activities in a home-like atmosphere with a focus on social interaction, community integration and awareness and maintaining physical skills. Popular activities include Nintendo Wii games, plant therapy, life books to encourage memory skills, social trips, and exercises. This site also provides adult day services for seniors through the Department of Aging.

**Lincoln Avenue Center** (ages 18 and up) provides work skills training in a structured atmosphere and teaches social and functional skills necessary to be successful in the workplace and community. This program focuses on work place safety, producing quality work, and giving back to the community through volunteer activities.

**Locust Street Center** (ages 18 and up) uses a total communication approach and provides sensory activities. The program also uses the "Creating a Meaningful Day" curriculum. Some of the areas that

are emphasized in this curriculum are community experience, social and emotional experience, visual arts, music, gardening, nature, sports, animals, cooking, and shopping. The program also is geared towards building upon and maintaining individual ADL skills.

**Manufacturing Plant** (ages 18 and up) provides similar work skills training as done at the Lincoln Avenue Center. However, the jobs are more complicated and require greater independence and accuracy. This site also provides group and individual instruction in the areas of communication, social interactions and other skills necessary in the community and workplace. Activities and volunteer opportunities in the community are also available at this site.

## Vocational Services

This program provides services for adults (age 18 and up) with disabilities who want to determine their work abilities or locate work opportunities. Acceptance into the program is based upon our ability to meet a consumer's specific needs, availability of funding, and the consumer's desire to participate in the program. Training takes place in our manufacturing plant along with some janitorial and grounds keeping training at other community locations.

*"I am so grateful for the support my family members receive from CCAR staff. Thanks much."*

*"Thanks for all the support and help provided from my job coach."*